

East Kilbride & District  
**DEMENTIA CARERS GROUP**  
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## Finding Scotland's Real Heroes - Carer of the Year

### Minutes of Annual General Meeting – 19<sup>th</sup> August 2019, in 157 Pine Cresc, Greenhills, East Kilbride

#### Present

Archie Buchanan, Christine Montgomery, Margaret McNab, Susan Bennie, Denise McTernan, Sally McSherry, Elizabeth Hossack, Fiona Dryburgh, Brian Doig, Audrey Kerr, Vivian Anderson, Caroline Belch (Representing Linda Fabiani MSP), Michelle Campbell (EK CAB), Mark Campbell, Suzanne Bennie, Carol Noble.

#### Apologies

Donna Liddiard, Linda Fabiani MSP, Lisa Cameron MP, Carole Richards, Lisa Sinclair (Scottish Ballet).

#### 1. Welcome

Archie Buchanan welcomed everyone to the 27<sup>th</sup> Annual General Meeting, his fifth as Chairman. He thanked all those present for their attendance and support.

#### 2. Minutes of Annual General Meeting, 2017

The Minutes of the Annual General Meeting held on 20<sup>th</sup> August 2018 were approved as accurate Margaret McNab and seconded by Elizabeth Hossack.

#### 3. Matters Arising

Suzanne Bennie had been omitted from the list of those present at the meeting on 20<sup>th</sup> August 2018.

#### 4. Chairperson's Report / Co-ordinator's Report

Chairman Archie Buchanan gave a vote of thanks to Brian, Donna, the staff, Volunteers and all Committee Members for their hard work and support. He gave a special mention to Brian, who had just reached 25 years' service to the Group. The Management Committee officially recognised this commitment.

Archie also thanked the Committee members for their commitment, regular attendance and hard work. He made a special mention to Carole Richards, who had stepped down from the Management Committee after 17 years faithful service; and Sadie Young who, having retired from the Committee last year after 10 years' service, sadly passed away in March 2019. She is sadly missed.

This year had seen us not only reach our fundraising target, but purchase a brand new fully accessible minibus. A fantastic achievement.

Archie said that serving the Group is great fun and that he has really been enjoying it. He has taken the opportunity to spend time with the Service Users; something he not only enjoyed, but recommends to all Committee members as it gives a good flavour of the service we provide.

Lastly, looking ahead, Archie said that he was looking forward to the challenges of the new year, and as we moved forward, more volunteers would be a very welcome addition to the team. He concluded by inviting questions from those present at the meeting. There were no questions and he handed over to Brian Doig.

Brian shared the following report:

As I considered the work we do at Pine and the various roles that people play, I came across the following quotes which I feel are very relevant:

"Alone we can do so little; together we can do so much." – Helen Keller

Henry Ford said "Coming together is a beginning, staying together is progress, and **working together** is success." Pine is a TEAM and each must play its part!

"It is literally true that you can succeed best and quickest by helping others to succeed." – Napoleon Hill  
As each plays its part, the Committee helps staff help Service Users and Carers!

"If you want to lift yourself up, lift up someone else." – Booker T. Washington

We get more than we give as the role is self-rewarding. When we see the outcomes, which were praised by Care Inspectorate, it motivates us to give even more.

"None of us, including me, ever do great things. But we can all do small things, with great love, and together we can do something wonderful." – Mother Teresa

It's the small things that matter! It's in doing them well that we give ourselves a firm foundation to build upon. Never underestimate the worth of your input! Every role at Pine is critical to the overall success.

The commitment of the Management Committee, staff and volunteers has been inspirational to me. For many, it has again been through some very challenging personal times and at a cost, but still the commitment has not wavered.

That commitment to the Group have resulted in us doing the "something wonderful" that Mother Theresa spoke of... .. another successful year for the Group in which we have, I believe, pushed our standards of care higher still and supported many people through their own difficulties.

My personal thanks to everyone connected with the Group for showing such commitment, but especially to the Committee for their support and leadership, and to the staff & volunteers for their incredible work.

In closing, one last quote: Andrew Carnegie said...

"Teamwork is the ability to work together toward **a common vision**. The ability to direct individual accomplishments toward **organizational objectives**. It is the fuel that allows common people to attain uncommon results."

Whilst not saying that we are "common people", we are a Group of ordinary caring folks who together provide something Uncommon, something Unique / Special / Valuable!

Brian invited questions from those present at the meeting. There were no questions arising.

## **6. Treasurer's Report**

The Treasurer gave an overview of accounts for the period 1<sup>st</sup> April 2018 to 31<sup>st</sup> March 2019. She then gave an overview of the Income and Expenditure and highlighted the Groups surplus of £22,695, up from £12,949. That combined surplus allowed us to purchase a new minibus and still break even.

The report has been submitted to Companies House and O.S.C.R., and the accounts comply with all current regulations for Companies and for Charities.

Archie invited questions from those present at the meeting on the report. There were no questions.

## **7. Election of Committee**

One Member had completed their term and had elected to stand for re-election: Denise McTernan. Denise was proposed as Committee member by Susan Bennie and seconded by Christine Montgomery.

Carole Richards had also retired from the Management Committee, creating a vacancy for Secretary / Company Director. Fiona Dryburgh had been appointed to these roles at the Committee Meeting preceding the AGM.

The Management Committee going into the next term was therefore as follows:

- The Directors of the Company: Archie Buchanan (Chairman); Fiona Dryburgh (Secretary); Susan Bennie (Treasurer); Christine Montgomery (Vice-Chair).
- The Committee Members of the Group are now: Elizabeth Hossack, Margaret McNab, Sally McSherry, Denise McTernan, Ashling Mooney plus the four directors.

The Group is keen to recruit new blood onto the Management Committee, adding new ideas and new skills.

## **8. Any Other Competent Business**

None.

Archie then closed the meeting, thanked everyone for attending and invited everyone to remain behind for refreshments and a chat.