#### Fast Kilbride & District

## **DEMENTIA CARERS GROUP**

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# Finding Scotland's Real Heroes - Carer of the Year 2015/2016

# Minutes of Annual General Meeting – 17<sup>th</sup> August 2015, in 157 Pine Cresc, Greenhills, East Kilbride

Archie Buchanan, Susan Bennie, Sarah Young, Janette Sime, Elizabeth Hossack, Margaret McNab, Christine Montgomery, Carole Richards, Donna Liddiard, Brian Doig, Jane MacLachlan, Alan Cunningham (Alexander Sloan), Ian MacPherson (EK Rotary), Bill Craig, Liz Gallacher, Suzanne Bennie, Linda Fabiani MSP, Bill McSporran, Myra Armstrong (South Lanarkshire College), Rhona Keys (South Lanarkshire College).

#### Welcome 1.

Archie Buchanan welcomed everyone to the 23<sup>rd</sup> Annual General Meeting, his first since assuming the position of Chairman six months earlier. He thanked all those present for their attendance and support.

Before proceeding further, a list of apologies was given:

Cllr Gladys Miller, Graeme Macklin, Christine Prentice, Liz Craig, Ray Porelli, Lisa Cameron MP, Harry Stevenson (Exec Director of SL Social Work).

## Minutes of Annual General Meeting, 2014

The Minutes of the Annual General Meeting held on 18<sup>th</sup> August 2014 were approved as accurate by Sadie Young and seconded by Susan Bennie.

#### **3. Matters Arising**

There were no matters arising.

#### 4. Chairperson's Report / Co-ordinator's Report

Chairman Archie Buchanan read through some of the key points contained in the 2015 Annual Report, which had been presented to all those present at the meeting.

Archie stated that he had only been Chairman for six months, and that his report would be brief. He gave a vote of thanks to Brian, Donna, the staff, Volunteers and Committee Members for their commitment and support. He concluded by saying that he was very much looking forward to the future with a great organisation.

Archie invited questions from those present at the meeting. There were no questions and he handed over to Brian Doig.

Brian spoke about a word that had very much been in the news, not least with the Commonwealth games: "LEGACY". He shared that the dictionary definition is very backward looking: "Something left or handed down by a predecessor". The AGM is a time to reflect and look back, but it is also very much about looking towards the future with hope and optimism.

The definition of LEGACY may have been backwards looking, but the synonyms were all very forward looking: Consequence, Effect, Upshot, Spin-off, Outcome, Repercussion, Aftermath, Footprint, Product, Result and Fruits.

The last year had seen change in our Organisation but the legacy very much continues as we build upon the fruits of all those who have come before us and contributed to the Group.

Brian concluded by likening it to the relay race: you do not stop to hand over the baton! It is handed over as you continue to run the race. Equally, you do not quit the race upon handing over the baton: you are still a part of the team and have a role to play in supporting others.

Our LEGACY continues, and we look forward to the: Consequence, Effect, Upshot, Spin-off, Outcome, Repercussion, Aftermath, Footprint, Product, Result and Fruits.

Brian invited questions from those present at the meeting. There were no questions arising.

#### 6. Treasurer's Report

Treasurer Sadie Young passed the presentation the Treasurer's Report for the year 1<sup>st</sup> April 2014 to 31<sup>st</sup> March 2015 to Alan Cunningham of Accountants Alexander Sloan, who had independently examined and approved the accounts.

The Annual Accounts have been prepared, approved by the Directors, and submitted to the relevant regulatory bodies (Companies House and O.S.C.R.).

Alan Cunningham gave an overview of accounts for the period 1<sup>st</sup> April 2014 to 31<sup>st</sup> March 2015. The accounts showed a deficit of £12,159 of which £8,417 was minibus depreciation. That meant a trading deficit of under £4,000.

In the current financial climate and given the reserves of around 5 months running costs, Alan felt it was a good annual report and set of accounts which he was happy to commend.

Archie invited questions from those present at the meeting, either on the Annual Report or on Alan's report.

Ian MacPherson enquired as to the level of the Examiners Fee, which he felt was high. Alan Cunningham explained that not all costs were fully recovered but that the fee could be reviewed for next year.

### 7. Election of Committee

The Group is keen to recruit new blood onto the Management Committee, adding new ideas and new skills.

The following Members stood for re-election and were approved to serve a three-year term as follows:

Position	Nominee	Proposed	Seconded
Vice Chair	Janette Sime	Susan Bennie	Margaret McNab
Secretary	Carole Richards	Margaret McNab	Susan Bennie
Treasurer	Sadie Young	Elizabeth Hossack	Susan Bennie
Committee	Margaret McNab	Janette Sime	Sadie Young
Committee	Susan Bennie	Margaret McNab	Sadie Young
Committee	Liz Craig	Margaret McNab	Elizabeth Hossack

### 8. Any Other Competent Business

B Doig thanked the Management Committee on behalf of the Staff and Volunteers.

Ian MacPherson proposed a vote of thanks to Archie Buchanan for Chairing the meeting.

An e-mail had been received from MP Lisa Cameron congratulating the Group on the nomination in the Carer of the Year section of the Finding Scotlands Real Heroes Awards.

Archie Buchanan then closed the meeting by thanking everyone for attending, and invited everyone to remain behind for refreshments and a chat.

Ref: agm/2016/minutes of AGM 2015