

East Kilbride & District

## DEMENTIA CARERS GROUP

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Finding Scotland's Real Heroes - Carer of the Year



## Volunteer Opportunities

- Care-workers
- Committee Members
- Fundraisers
- Minibus Driver
- Gardener

# **Volunteer Opportunities**

- **Care-workers**

## **The role involves:**

Devoting time to service users, getting to know them as individuals and learning about them and their needs, in order to offer them unique and personal care.

To work as part of a team, co-operating with colleagues (including other volunteers) with the common aim of identifying and meeting the needs of our service users.

To encourage and assist service users at all times in self-help, promoting their individuality.

To provide care and support for service users as part of a co-ordinated care plan, with the aim of meeting each individual's needs.

To help provide a range of activities that stimulate and assist people to maintain and develop their individual personalities and abilities, wherever possible, involving the service user concerned.

Training, Tea / Coffee and lunch will be provided.

Travel expenses will be re-imbursed.

## **Commitment Required:**

9am – 4pm one day per week / fortnight.

Minimum Commitment six months.

No experience required but must have a genuine interest in helping others, be willing to learn, be able to work as part of a team and have a commitment to undertake appropriate training. Must be reliable.

# **Volunteer Opportunities**

## **• Committee Members**

### **The role involves:**

The Committee is bound by the Articles of Association of the East Kilbride & District Dementia Carers Group.

It performs a management role incorporating supervision; Formulating policy decisions in respect of finance, training, development; and ensuring adherence to the fundamental philosophy of the organisation.

Individual tasks may be undertaken / delegated according to individual Committee Members skills.

### **Commitment Required:**

7pm – 9pm one day per month (Third Monday of every month)  
Minimum Commitment six months.

No experience required but must have a genuine interest in helping others, be willing to learn, be able to work as part of a team and have a commitment to undertake appropriate training. Must be reliable.

Whilst any Management Committee role is “unglamorous” and most of the work is “behind the scenes”, quite simply, NO Voluntary Organisation can exist without a Management Committee and no Voluntary Group can thrive without an effective enthusiastic one.

# **Volunteer Opportunities**

- **Fundraisers**

## **The role involves:**

Raising funds for the East Kilbride & District Dementia Carers Group, which is not for profit and registered as a Charity.

Planning and overseeing fundraising events and completing grant applications on behalf of the Group.

We simply cannot survive without public support. We have to raise £50,000 each year to continue providing over eleven thousand hours of direct care and support to people with dementia as well as support for their family Carers.

We do NOT pay fundraisers or directors, and our admin is carried out by volunteers. This means that every penny received or saved goes directly into providing care and support to people with dementia and their carers.

## **Commitment Required:**

Meetings as required and by agreement.

Minimum Commitment six months.

No experience required but must be able to work as part of a team and have a commitment to undertake appropriate training. Must be reliable.

Whilst any Management Committee role is "unglamorous" and most of the work is "behind the scenes", quite simply, NO Voluntary Organisation can exist without a Management Committee and no Voluntary Group can thrive without an effective enthusiastic one.

# **Volunteer Opportunities**

- **Minibus Driver**

## **The role involves:**

Collecting Service Users from their home and transporting them safely into our daycare centre, with the aid of an escort. Safely transporting them home again once daycare ends, once more, with the support of a trained bus escort.

Morning run starts at 9am with a series of bus safety checks.

Volunteer with then, assisted by an escort, collect approximately six people from in and around East Kilbride and transport them safely to our daycare centre in Greenhills for around 10.15am.

Second run starts at 3pm when the bus leaves our centre and safely takes people home after daycare, generally finishing around 4pm – 4.15pm.

You will be expected to engage with staff and service users, making them feel welcome. A helpful nature is important.

Other duties include: cleanliness of bus interior and exterior; refuelling of bus; and attending staff meetings.

Travel expenses will be re-imbursed.

## **Commitment Required:**

9am – 10.30am and/or 3pm – 4.30pm

one day per week / fortnight.

Minimum Commitment six months.

Must be over 25, have a full driving license, a genuine interest in helping others, be willing to learn, be able to work as part of a team and have a commitment to undertake appropriate training. Must be reliable.

# **Volunteer Opportunities**

- **Gardener**

## **The role involves:**

The daycare centre has a beautiful enclosed garden with raised flower beds. Volunteer gardener will have the opportunity to arrange displays and source plants of choice.

The garden in our daycare centre is a great source of joy and pleasure to many. It is a mass of colour in the summer.

The gardener will have a free reign over the garden, and be provided with a budget to give a colourful and stimulating display.

Tasks will include planning; sourcing; planting; weeding; pruning and general garden maintenance.

Tools will be provided.

Tea / Coffee will be provided.

Travel expenses will be re-imbursed.

## **Commitment Required:**

Two hours one day per week / fortnight by agreement.

Minimum Commitment six months.

Must be reliable and a competent gardener.