

East Kilbride & District

DEMENTIA CARERS GROUP

169 Pine Crescent, Greenhills, East Kilbride, G75 9HJ

Charity No: SC018844

Company No: SC377236

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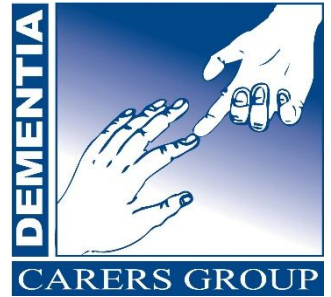
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Follow us on Facebook:

EK Dementia Carers Group

www.dementiacarers.co.uk



Finding Scotland's Real Heroes - Carer of the Year

Carers Support Group

First Tuesday in the month, 7pm - 9pm

Do you care for someone with dementia?
Would you like some advice, support and the
chance to meet fellow carers?



Come and have a cuppa and a chat!

Dates for 2018

January - off

February 6th

March 6th

April 3rd

May 1st

June 5th 

July 3rd

August 7th

September 4th

October 2nd

November 6th

December 4th 

Meetings are held in our daycare centre at the above address.

They are relaxed, informal, and *open to anyone* who would benefit from attending.

Transport can usually be provided to and from the meetings upon request.

Meetings commence at 7.00pm, and generally end around 9.00pm,
but carers are free to come and go as their needs dictate.

Some months feature guest speakers. June and December are Socials with a BBQ
and Cheese & Wine respectively. Phone or check Facebook/Website for details.

Complimentary tea/coffee and sandwiches are generally served at meetings.

Please feel free to contact us if you would like further information.